

# RESEARCH PARTICIPANTS NEEDED

## Socially Connected Exercise System for Wheelchair Users

### PARACYCLE FOCUS GROUP



Join our research study to identify the design needs and wants for an at-home, social-connected fitness machine for use by persons with disabilities.

#### ELIGIBLE PARTICIPANTS:

- Are between 18 and 70 years of age.
- Use a wheelchair as their primary means of mobility.
- Have only the use of their upper limbs for exercise.
- Have adequate upper limb strength and function to operate a handcycle or arm ergometer.
- Have access to the internet/Wi-Fi to connect to Teams if joining online.

#### PARTICIPANTS WILL:

- Join a group of others with disabilities to answer questions about their experiences using commercial fitness machines, fitness tracking apps and social-connected fitness apps with a group of other individuals with disabilities.
- **Be compensated \$50.**

**The focus group will take no more than two hours.**



Learn more and check if you are eligible:

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Call 412-360-2394 to validate this study.

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