Human Engineering Research Laboratories VA Pittsburgh Healthcare System 6425 Penn Ave, Suite 400 Pittsburgh, PA 15206

HERL QUARTERLY

■ VOLUME 23, NO. 3 JULY - SEPTEMBER 2024





30 Years of

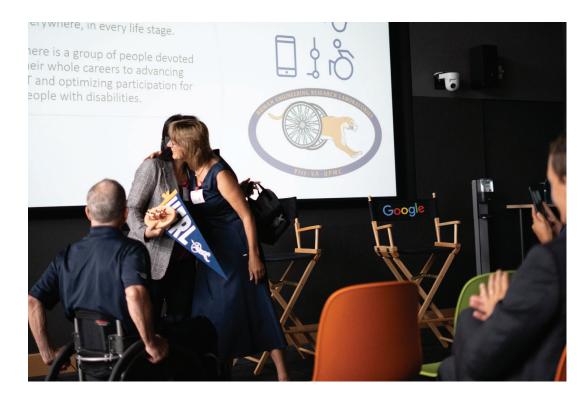
ERL celebrated its 30th anniversary on July 24, in various parts of the former Nabisco cookie factory building its fourth-floor labs and offices share with Google Pittsburgh on Penn Avenue in Bakery Square. With the agenda topic of "Disability and Leadership In ...", the morning-into-afternoon event included a symposium featuring HERL alumni and others speaking on the open-ended theme and how their time at HERL influences their current work...



Innovation.

...The extensive panel of guests included Rob Rutenbar, Pitt's senior vice chancellor for research, and keynote speaker Paul Pasquina. A retired U.S. Army colonel, Pasquina serves as professor and inaugural chair of the Department of Physical Medicine & Rehabilitation at the Uniformed Services University of the Health Sciences and chief of Walter Reed National Military Medical Center's Department of Rehabilitation."

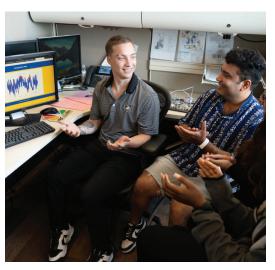
Excerpt from the July 26, 2024 issue of University Times.



An **RE**

his year's Research Experience (RE) program for graduate and undergraduate students was a resounding success! Twenty-eight engineering students from around the country, including eleven from the University of Pittsburgh, participated in this annual summer-long program at HERL aimed at providing scholars with valuable on-the-job work experience. From June to August, the students designed, prototyped, and manufactured technology for real-life use cases alongside HERL faculty and staff mentors, culminating in a symposium where they showcased their work and research.





Summer.

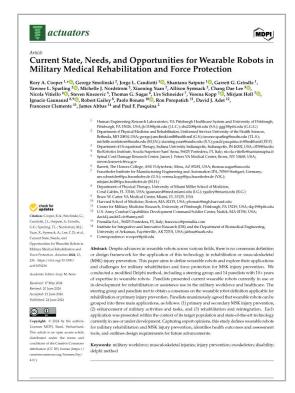
Josh Marino, the head of the program, commented on this year's experience:

"HERL's 2024 cohort of experiential researchers was the largest and most diverse group of students that we've had the pleasure of welcoming to our laboratories. Represented disciplines included bioengineering, mechanical engineering, computer science, and many other fields on the cutting edge of assistive technology device design and implementation. The end-of-term symposium and poster session coincided with the HERL 30th Anniversary Celebration, affording program participants the opportunity to connect with community partners, industry representatives, and leaders in fields such as community planning and medical device design. We expect great things from our students, and will continue to collaborate with them as their careers progress."





Publications Manuscripts



Current State, Needs, and Opportunities for Wearable Robots in Military Medical **Rehabilitation and Force Protection**

Despite advances in wearable robots across various fields, there is no consensus definition or design framework for the application of this technology in rehabilitation or musculoskeletal (MSK) injury prevention. This paper aims to define wearable robots and explore their applications and challenges for military rehabilitation and force protection for MSK injury prevention.

Cooper RA, Smolinski G, Candiotti JL, Satpute S, Grindle GG, Sparling TL, Nordstrom MJ, Yuan X, Symsack A, Lee CD, et al (2024) Current State, Needs, and Opportunities for Wearable Robots in Military Medical Rehabilitation and Force Protection. Actuators.



Incidence, Timing, and Risk Factors for **Development of Gastrointestinal Bleeding** in Acute Traumatic Spinal Cord Injury: A **Systematic Review**

The overall incidence of clinically important gastrointestinal bleeding among studies was found to below. Individuals with non-cervical injury were not found to be at high risk of clinically important gastrointestinal bleeding. There was also insufficient evidence to indicate that use of stress ulcer prophylaxis reduces the rate of gastrointestinal bleeding in those with traumatic spinal cord injury.

Redepenning DH; Maddali S; Glotfelty-Scheuering OA; Berry JB; Dicianno BE; "Incidence, Timing, and Risk Factors for Development of Gastrointestinal Bleeding in Acute Traumatic Spinal Cord Injury: A Systematic Review." The Journal of Spinal Cord Medicine.



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Incidence, timing, and risk factors for development of gastrointestinal bleeding in acute traumatic spinal cord injury: A systematic review

Drew H. Redepenning^{1,2}, Shivaali Maddali³, Olivia A. Glotfelty-Scheuering¹, Jessica B. Berry¹, Brad E. Dicianno ^{0,1,2}

¹Department of Physical Medicine & Rehabilitation, University of Pittsburgh School of Medicine, Pittsburgh, Pennsylvania, USA, ²Human Engineering Research Laboratories, VA, Pittsburgh Healthcare System, Pittsburgh Pennsylvania, USA, ³Department of Neurolinov, Uninversity of Pittsburgh School of Medicine, Pittsburgh School of Medicine

Introduction
Individuals with traumatic spinal cord injury (SCI) are thought to be at high risk for the development of gastrointestinal bleeding (GIB) in the initial weeks following an injury (I). Unoposed parasympathetic innervation has been proposed to contribute to Consequences to Binel E. Gloscoo, 6425 Pena-Ave, Suite 440, Pilladow, 1987 (SUP), with proton pump inhibitors and EZ received (SUP), with pump inhibitors and EZ received (SUP), with proton pump in

© The Academy of Spinal Cord Injury Professionals, Inc. 2024 DOI 10.1080/10790268.2024.2391593

The Journal of Spinal Cord Medicine 2024

Challenges with mobility devices for female Veterans with spinal cord injuries

Fareea Khaliq¹, Angel Dolores-Rodriguez², Brad E. Dicianno³, Alicia M. Koontz³,

Department of Spinal Cord Injury, VA Boston Healthcare System, Boston, Massachusetts, USA, ²Department o hysical Medicine & Rehabilitation, Tufts Medical Center, Boston, Massachusetts, USA, ³Human Engineering sesarch Laboratories, VA Pittsburgh Healthcare System, Pittsburgh, Pennsylvania, USA, ³Center of Innovation or Complex Chnoric Healthcare Edward Hines, Jr. VA Mospital, Hines, lillinois, USA

important for researchers to engage women in user-centered design of mobility devices and for providers to be mindful of Veterans' daily needs within all steps of the provision process in order for mobility devices to support overall function and usability.

Introduction
The incidence rate of traumatic spinal cord injuries
(ISCI) in the United States (US) continues to increase
and as of 20.24 is currently at about 18,000 new cases
cach year based on the National Spinal Cord Injury
Statistical Center (NSCISC) databases (1-5). The percentage of women eacquiring SCI is about 20% of
total liquiries, remaining steadly (1c. 22m in 2000
contact 12m in 20.24 (1)). The number of 18,000 women per year for the next 10 years, and
21.78 in 20.24 (1)). The number of SCIII years
deducted to increase as the number of female Veterans
consequences as the number of female Veterans
co

Challenges with Mobility Devices for Female Veterans with Spinal Cord Iniuries

The growing number of females entering the armed forces has led to an increase in the number of female Veterans with spinal cord injury and diseases (SCI/D) requiring mobility devices. Limited research exists that explores whether mobility devices meet their needs in terms of comfort, fit and design.

Khaliq, F., Dolores-Rodriguez, A., Dicianno, B. E., Koontz, A. M., Solanki, P., Berryman, K., & Weaver, F. M. (2024). Challenges with Mobility Devices for Female Veterans with Spinal Cord Injuries. The Journal of Spinal Cord Medicine, 1-7.



Discovering Provider Awareness of Mobility Assistive Technologies and Clinical Guidelines: A Comparative Analysis with Consumer Responses

This study highlights the knowledge gaps between mobility-assistive technology providers and consumers, hindering the optimal utilization and fulfillment of user

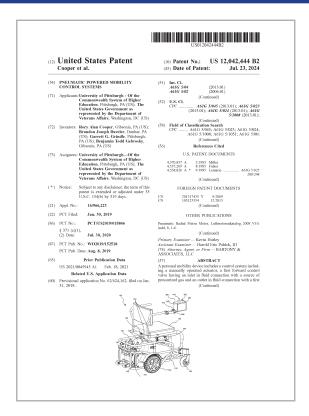
Chang Dae Lee, Sara Peterson, James Joseph, Gina McKernan, Rosemarie Cooper, Alicia M. Koontz, Brad E. Dicianno, Rory A. Cooper (2024). Discovering Provider Awareness of Mobility Assistive Technologies and Clinical Guidelines. Disability and Rehabilitation: American Journal of Physical Medicine and Rehabilitation.

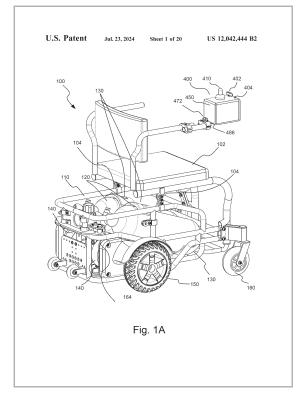


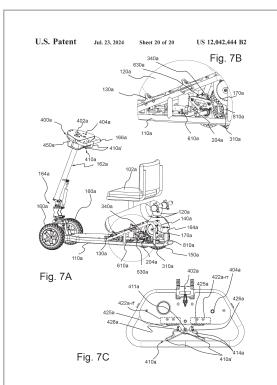
Discovering Provider Awareness of Mobility Assistive Technologies and Clinical Guidelines—A Comparative Analysis With Consumer Responses

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Patents Awarded





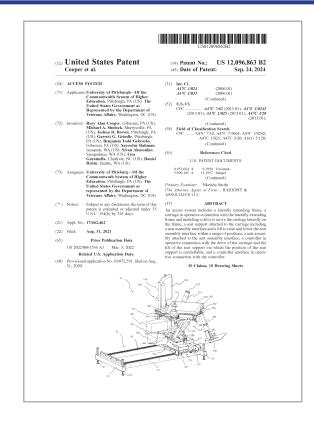


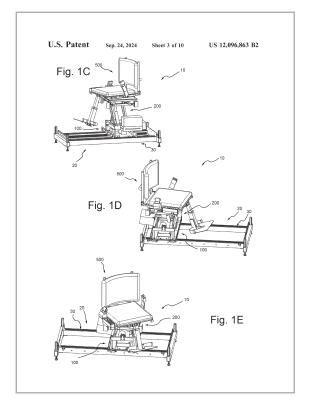
Pneumatic Powered Mobility Control Systems

US Patent 12,042,444 July 23, 2024

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A personal mobility device includes a control system including a manually operated actuator, a first forward control valve having an inlet in fluid connection with a source of pressurized gas and an outlet in fluid connection with a first forward port of at least a first pneumatic motor, and a first rearward control valve having an inlet in fluid connection with the source of pressurized gas and an outlet in fluid connection with a first rearward port of the first pneumatic motor. Movement of the manually operated actuator controls actuation of the first forward control valve and the first rearward control valve and thereby flow of gas from the source of pressurized gas to the first forward port and the first rearward port.



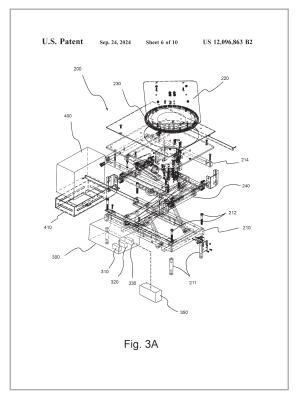


Access System

US Patent 12,042,444

September 24, 2024

An access system includes a laterally extending frame, a carriage in operative connection with the laterally extending frame and including a drive to move the carriage laterally on the frame, a seat support attached to the carriage including a seat assembly interface and a lift to raise and lower the seat assembly interface within a range of positions, a seat assembly attached to the seat assembly interface, a controller in operative connection with the drive of the carriage and the lift of the seat support via which the position of the seat support is controllable, and a controller interface in operative connection with the controller.



BUMPS in ROAD

he hit documentary about HERL's mission to improve the mobility and function of people with disabilities through advanced engineering in clinical research and medical rehabilitation, *Bumps in the Road*, has been screened around the globe to great acclaim this year. Notable watch event locations have included Disney World in Florida, the National Academy of Inventors in Washington, D.C., the Pentagon, and Department of Defense locations across Germany. Upcoming screenings are planned to be held at Google and the National Inventors Hall of Fame. Directors Rachel Kittner and Alex Halpern have been hard at work promoting their film, including getting it accepted into a major New York film festival being held later this year!



By the Numbers

OUR WORK THIS YEAR:

- 9 prestigious personal and organization awards received.
- **16** manuscripts published in respected, peer-reviewed journals, **3** more accepted.
- **4** patents awarded by the USPTO.
- **20** lectures and visits from distinguished peers and organizations to our lab.
- 1 research web portal published RERC Move It.
- \$75M+ in grant proposals and funding submitted.
- 28 individual internships funded.

WE'VE PRESENTED LECTURES AND RESEARCH ACROSS...

- 2 continents
- 6 American states + the District of Columbia

Rumination of the Quarter

"Perhaps my favorite thing about HERL is being able to see the amount of care and dedication that is put into all our projects.

The passion that everyone here shares makes all the collaboration we do extremely enjoyable."

- Owen Flaugh
Student Researcher

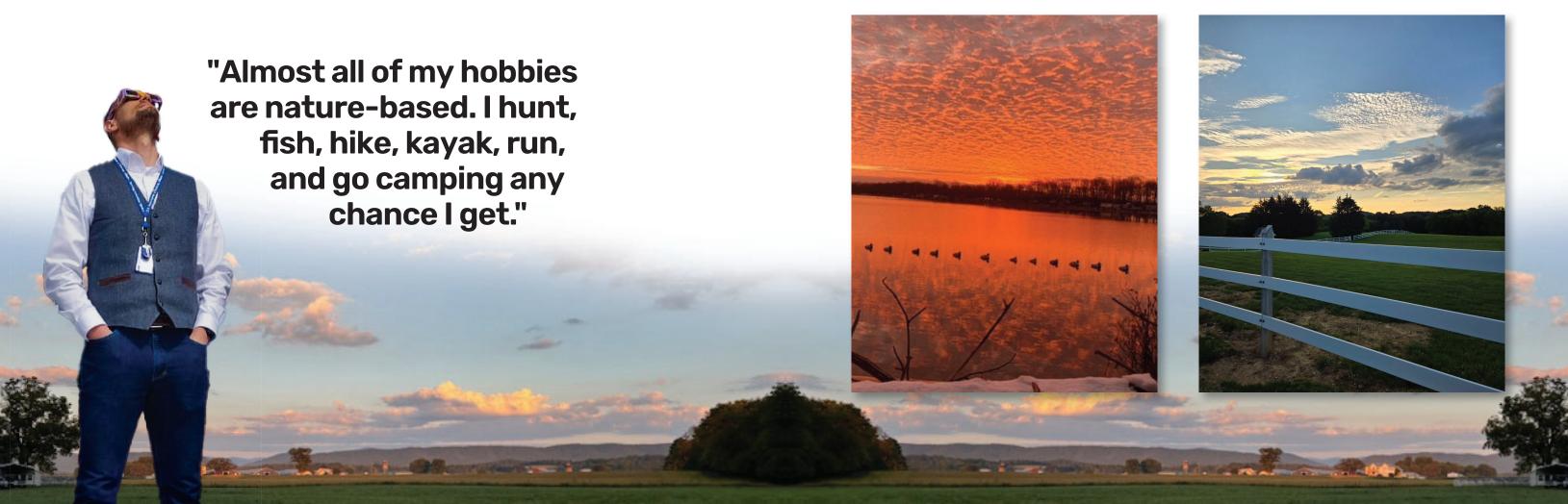
HERL SPOT LIGHT

WHO IS ANDREW GRYSKEWICZ?

ndrew is the U.S. Department of Veterans Affairs Administrative Officer at HERL. His hobby of outdoor photography was born out of his love for nature, where he spends his time more than anywhere else. He adds:







SOCIAL CLUB

AHLAD'S WEDDING

HERL Alumn & Graduate Researcher Ahlad Neti tied the knot with longtime girlfriend, Allison Michalowski, in August.















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Accolades & Highlights

Celebrating our best moments and achievements from the past three months.

irector Dr. Rory Cooper became a member of the United States Olympian and Paralympian Association (USOPA) Executive Committee, prior to attending the 2024 Paris Olympic & Paralympic Games as part of the International Paralympic Committee Scientific Task Force. In July, he competed in the National Veterans Wheelchair Games where he won seven medals in various disciplines and spoke at the IEEE EMBS conference. In August, he gave a presentation in loudoun, VA as Civilian Aide to the Secretary of the Army. Dr. Cooper also flew to Germany in September, visting several federal facilities along the way including the Wiesbaden High School, the Landstuhl Regional Medical Center, and the German Society for Biomedical Engineering where he was the keynote speaker at their 58th annual conference.

Our staff and faculty presented their research at multiple events across the country this quarter. **Dr. Sivashankar Sivakanthan** gave lectures at a variety of institutions including the University of Cambridge and Harvard, and was the main speaker at this year's Disability Pride event held in Oakland. **Dr. Jorge Candiotti** spoke at the 32nd National Association of Veterans' Research and Education Foundations (NAVREF) Conference in Washington, D.C. **Dr. Alicia Koontz** gave a lecture at the National Science Foundation's (NSF) Principal Investigators annual meeting.

The Labs also hosted a variety of tours in the 3nd Quarter of 2024. These included visits from the Institute of Electrical and Electronics Engineers (IEEE), Benedex Robotics, the Ryan Shazier Fund, Warrior Canine Connection, SciAccess, and Ian Bodell.

HERL organized and participated in multiple events throughout the past three months. These included our **30th anniversary** (see page 1), our annual **team retreat** and **summer barbecue**, the **PVA Summit**, the **VA Research Conference**, the **2024 Olympics & Paralympics**, the Pitttsburgh **ReelAbilities** film festival, the **UPMC Wheelchair Wash**, the **3rd annual Disability Pride** event, the annual **Steelwheeler President's Challenge 5k** walk/run/ride, the Pittsburgh **Great Race**, the 32nd annual National Association of Veterans' Research and Education Foundations (**NAVREF**) conference, and the 58th annual German Society of Biomedical Engineers (**DGBMT**) conference.

PHOTO GALLERY (LEFT TO RIGHT, TOP TO BOTTOM):

Sivashankar Sivakanthan giving a speech at the 3rd annual Disability pride event. Owen Flaugh, Brad Dicianno, and William Schoy at the 3rd annual Disability pride event. Rory Cooper, Maddi Viteri, Johnathan Duvall, Shantanu Satpute, and Sangmi Park at pitt's Salute to Scrimage. Part of the HERL team at the annual summer cookout in Gibsonia. HERL colleagues at the National Veterans Wheelchair Games in New Orleans. Scenes from the 2024 Paris Olympic & Paralympic Games. Siva and Will with a team from Warrior Canine Connection during a visit to the lab. Shots from HERL's 30th anniversary on Juy 23. 11-13

In the Llews





WPXI

July

Pitt professor turns personal tragedy into life-changing inventions for others. [4th of July feature]



University Times §

July

HERL celebrates 30 years of helping those with disabilities, mobility challenges.



PittWire **

July

Rory Cooper was named to the U.S. Olympians and Paralympians Association Executive Committee.



Pittsburgh Post-Gazette 105

August

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Rostraver native and former Marine Corps captain off to compete in Paris Paralympics.



Our Region's Business 🔞

September

Human Engineering Research Laboratories celebrates its 30th anniversary.



The Spinal ReCord

September

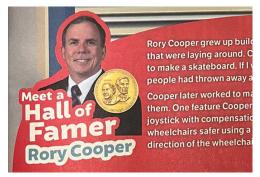
Challenges with mobility devices for female Veterans with spinal cord injuries. [Featured article]



UPMC Physician Journal

September

Kirigami Engineering and Wheelchair Design - HERL.



National Inventors Hall of Fame

September

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Meet a Hall of Famer - Rory Cooper.

Recruiting Participants.

Sign up for our Registry



A research registry is a collection of individuals interested in learning about research studies that may be of interest to them. We are inviting you to join in the Human Engineering Research Laboratories (HERL) Assistive Technology Registry because you might be interested in participating in our current or future research studies.

Accessible Airline Transportation for Mobility Device Users: Survey



Principal Investigator: Rory Cooper, PhD



Purpose: To estimate pent-up demand among mobility device (MD) users to travel on commercial airlines and identify MD users' needs and pain points.

Study Requirements: Complete a survey about your demographics and airline travel experiences. The survey is expected to take no more than 20 minutes to complete.

Socially Connected Exercise System for Wheelchair Users



Principal Investigator: Alicia Koontz, PhD



Purpose: To identify the design needs and wants for an at-home, socially-connected fitness machine for use by persons with disabilities.

Study Requirements: Age between 18 and 70, use a wheelchair as their primary means of mobility, have only the use of their upper limbs for exercise, have adequate upper limb strength and function.

Bone Health in Individuals with Spinal Cord Injury



Principal Investigator: Adam Sterczala, PhD



Purpose: To learn about the connection between irisin (muscle-secreted bone mediating protein) and bone health in individuals with spinal cord injury (SCI). This study will also explore whether exercise can increase irisin concentrations in circulation.

Study Requirements: For more information or to check eligibility, call 412-822-3685 and mention the Irisin SCI Study.

Transportation of Emerging Adult Aged Mobility Device Users



Principal Investigator: Rory Cooper, PhD



Purpose: To understand barriers young adults face while using various modes of transportation. This research will play a critical role in the development of an innovative game researchers at HERL are developing.

Study Requirements: You will be asked to participate in an interview to provide your experiences and perspectives accessing and utilizing transportation services in your community.

Design Improvements and Evaluation of a Knee Stress-Relief Powered Exoskeleton for Veterans with Knee Osteoarthritis



Principal Investigator: Dan Ding, PhD



Purpose: To compare the study's performance to a passive knee brace in people with osteoarthritis (OA).

Study Requirements: Participants will answer questions and perform tasks during two visits.

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Important save-the-dates for events HERL will be hosting or participating in.

October 1-31: National Disability Employment month

October 13-16: AUSA Conference

October 19: Bumps in the Road screening at the Army War College

October 30: Graduate Researcher Shantanu Satpute's PhD Defense

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November 2: Hail to Heros Pitt Football Game

November 12-13: UPISC 2024 Workshop

November 16: SHRS Fall Open House

December 17: Pitt Fall Term ends



HERL Team Photo, Annual Retreat, August 23 2024.



Digital signup link on reverse.

Our Affiliations













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Scan this QR Code to see all our **relevant links**, including our **website** and **social media** accounts!



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