C5/CARE Program Overview
COMPREHENSIVE ADVANCED RESTORATIVE EFFORT

CAPT CRAIG SALT, MC, USN
FOUNDER
MS. OCTAVIA HARRIS
PROGRAM MANAGER
CARE Program

- Comprehensive
- Advanced (sustainment)
- Restorative
- Effort
CARE Program
CARE Program
CARE Program
Components of the Comprehensive Combat & Complex Casualty Care (C5) Program

- Polytrauma Care & Rehabilitation
- Disease/Non-Battle Care
- Combat Operational Stress/Psychological Health
- Family Support
- Transition Services
- Reserve Demob
- Amputee Care
- Primary Care
- C.A.R.E Program
- TBI Care

Medical and Non-Medical Case Management
CARE Program

• Comprehensive C5 multidisciplinary aesthetic restoration program
  – Designed to facilitate optimal appearance and functional recovery following trauma.

• Mission/Vision
  – Improve appearance function and self esteem following traumatic disfigurement
    • Through surgery, medical treatments, and mental health services
  – Advance the art and science of reconstructive care
    • Through education, training, and research
Algorithm for Combat Reconstruction & Rehabilitation

• Pathway for post-traumatic care
  – In the combat theater
    • Outstanding life saving care
      – > 95% survival
  – Stateside
    • Major Military Treatment Facilities (MTFs)
      – Provide urgent and semi-elective early reconstructive care
        » Fracture stabilization, limb salvage, skin grafts & flap reconstruction
      – Rehabilitation begins
        » Return of function is our top priority
        » Along with recovery from TBI, PTSD, and disfigurement
Member suffers injury → Life Saving Treatment Rendered → Physical Medicine Rehabilitation (PM&R) Process Begins

MTF & VA
- NATIONAL MILITARY MEDICAL CENTER (WALTER REED BETHESDA)
- NAVAL MEDICAL CENTER PORTSMOUTH
- SAN ANTONIO MILITARY MEDICAL CENTER
- VETERANS AFFAIRS

CARE (NMCSD)
- PLASTIC SURGERY
- DERMATOLOGY
- ENT
- OCULOPLASTICS
- ORTHOPEDICS
- ORAL
- MAXilloFACIAL
- MENTAL HEALTH

Collaboration (Patient Exchange)

CIVILIAN INSTITUTIONS
- JOHNS HOPKINS
- UCLA
- UCSD
- UNIV OF PITTSBURGH
- NON PROFITS
- AMERICAN SOCIETY OF RECONSTRUCTIVE TRANSPLANTATION

Collaboration (Advanced Patient Care)

Advanced needs
CARE Program

• Clinical Milestones
• 71% patients participated in aesthetic and mental health services with positive results
• Improvement in scarring
  – Plastics(100%), Derm(94%), Ortho(88%) ENT(100%)
CARE Program

- Clinical Milestones
  (since October 2011)

<table>
<thead>
<tr>
<th>Initial Patient Intake / Evaluation</th>
<th>Traditional Method</th>
<th>Team Method</th>
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<tbody>
<tr>
<td>Avg. # days to be seen and treated</td>
<td>45</td>
<td>21</td>
</tr>
<tr>
<td># pt visits</td>
<td>3</td>
<td>1</td>
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CARE Program

• **Sustainability**
  • Extend to Dependents
    • Program can be extended to all beneficiaries
  • VA Resource Sharing Agreement
    • Collaboration with Federal Recovery Coordinators
• Continued expansion
  • Satellite facilities
    • NMMC (National Military Medical Center)
    • SAMMC (San Antonio Military Medical Center)

(need CONOPS from Army/Air Force)
CARE Program

Training:

CARE 4TH Annual Educational Summit provided 32 CME credits for 300 attendees at no cost to the attendees or the government; cost savings of 192,000 dollars. Also cross credentials with civilian centers of excellence underway.
C.A.R.E. 4

Comprehensive Aesthetic Restorative Effort

SUMMIT 2013

Breakthrough Multidisciplinary Care for the Wounded Warrior and Traumatically Injured

featuring

The Gene Vance Jr Foundation 6th CME and 2nd Technology & Therapies Exhibitions

December 5 - 8, 2013 San Diego, California

Support provided by The Gene Vance Jr. Foundation
CARE Program

• The CARE Summit enhanced medical education and further collaboration in research and advancement of traumatic injury care including tissue regeneration
• 5th Annual CARE Summit already in planning stages
CARE TEAM
NAVAL MEDICAL CENTER
SAN DIEGO
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